

### Girls Inc. Presents: You're Amazing!: A No-Pressure Guide to Being Your Best Self

Claire Mysko

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You've heard it all before: *Get good grades. Keep your room clean. Wear the right clothes. Try new extracurricular activities. And why don't you have a boyfriend?* All these demands can be mind-boggling! What's a girl to do?

Girls Inc. Presents: You're Amazing! is a guide to help you deal with the amount of pressure you endure to be "perfect."

In this fun and enthusiastic, not-your-mother's book, you'll get advice on not-so-easy topics, including how to:

- Deal with stereotypes and cliques
- Figure out the best way to balance school and a social life
- Navigate the crushes and dating world
- Find a place in your family

Packed with guidance from older teens, female role models, and activities from Girls Inc., this fun to read book is truly a guide to being your very best-and happiest-self.



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