



Why Be Good?: Seeking Our Best Selves in a Challenging World

Byron L. Sherwin

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Is striving to be a good person worth it in a world where, too often, people seem to get ahead by being bad? What does being "ethically fit" do for us in the long run? Or in the short run, right now? As we approach the millennium, is "being moral" an old-fashioned notion or a modern human necessity? Do our politicians, corporations, public institutions, and small businesses really profit when they leave ethics behind? With wisdom, humor, and insight, internationally honored Rabbi Byron L. Sherwin grapples with these and other spiritual questions while offering his own inspiring soul-sense on everyday topics such as "Ego Management," "The Attitude of Gratitude," "Crazy About Your Kids," "The World of Work," and "The Pursuit of Happiness." A beautifully rendered case for the daily practice of "being good."

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