



# Sh\*tty Mom: The Parenting Guide for the Rest of Us

Laurie Kilmartin, Karen Moline, Alicia Ybarbo, Mary Ann Zoellner

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*Sh\*tty Mom* is the ultimate parenting guide, written by four moms who have seen it all. As hilarious as it is universal, each chapter presents a common parenting scenario with advice on how to get through it in the easiest and most efficient way possible. With chapters such as "How to Sleep Until 9 A.M. Every Weekend" and "When Seeing an Infant Triggers a Mental Illness That Makes You Want to Have Another Baby," as well as a Sh\*tty Mom quiz, this is a must-have, laugh-out-loud funny book for the sh\*tty parent in all of us.

Praise for *Sh\*tty Mom*:

"A totally hilarious and uncensored look at some of the impossible situations we mothers find ourselves in."

—TheBump.com

"Smartly, brashly, nearly criminally funny. It also—no small thing—carries a powerful message to all parents, but especially moms, that distilled to its essence is this: chill." —Time.com

"As the attachment parenting craze has hit a zenith in American culture, four very funny moms—comedy writers, TV producers, and a novelist—blast open a long-locked safe filled with frustrations faced by all modern mothers, with sympathetic and sharp humor. . . . The authors' unfiltered candor is a welcome reminder for readers that they're not alone. . . ."—Publishers Weekly starred review

"Both funny and practical." —Brooklyn Based.net

"Hilariously entertaining. A must-read survivor's guide for every mother!"

--Christy Turlington Burns, founder of Every Mother Counts

"Finally, *Sh\*tty Mom* does for motherhood what Chelsea Handler does for female scatology. It's a long overdue little burst of honesty from the supposed minority of mothers who are, in fact, not that maternal. . . . After a generation of supermoms one-upping each other in dead earnest on playgrounds and schoolyards, the emerging mass appeal of *Sh\*tty Mom* is a welcome relief." —*The New York Observer* 

"Witty, wise, and wicked! With tongue planted firmly in cheek, these savvy moms dispense some much needed comic relief about raising kids in our crazy culture."?

--Dr. Harvey Karp, bestselling author of *The Happiest Baby on the Block* 

"The most inappropriate parenting book I've ever read. Loved it. The perfect book for any mother who wants to laugh instead of cry at those cringe-worthy moments and the universal indignities we experience on a daily basis."

--Jessica Seinfeld, bestselling cookbook author and founder of Baby Buggy

"An antidote to the hostage situation that is modern parenting...subversive, delicious, and spit-out-your-latte funny."

--Pamela Druckerman, bestselling author of Bringing Up Bebe

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