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Nutrition: Your Life Science

Jennifer Turley, Joan Thompson



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Nutrition: Your Life Science

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Nutrition: Your Life Science Jennifer Turley, Joan Thompson NOTE: This is a standalone book.

YOUR LIFE SCIENCE, Second Edition, helps you understand the fundamental principles of nutritional science through an interactive, flexible, and fun learning experience. Turley/Thompson gives you a variety of options to learn, review, and demonstrate your knowledge. Use the unique learning aids, including Take-Ten Reflective Questions, Practices, and Bio Beats, to engage with the material and develop a better understanding of how nutrition concepts apply to your own life.

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