



Coaching Youth Cricket: An Essential Guide for Coaches, Parents and Teachers

Luke Sellers

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With lots of practical games and drills, as well as advice on running a team, this essential guide will enable coaches to run active and fun cricket sessions with young players

Written by an experienced youth cricket coach, this is an essential guide for all coaches, parents, and teachers. This one-stop practical resource will give a new coach everything they need to deliver fun, dynamic, player-centered practice sessions, and guidance on how to run a team. Coaches at all levels of the game will find material and ideas aimed at helping them to formulate simple strategies to suit their level of player ability. This essential guide teaches fundamental cricket skills, from batting, wicket-keeping, and fielding, to spin, seam, and swing bowling, and presents coaching theories in an uncomplicated and easy-tounderstand manner. The field-tested, age-specific information will also help coaches learn how to communicate with players, parents, and other coaches, and teaches how to manage a team on match day, providing measures for ensuring player safety.



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