



# **Making the Grade With ADD: A Student's Guide to Succeeding in College With Attention Deficit Disorder**

*Stephanie Moulton Sarkis*

[Download now](#)

[Click here](#) if your download doesn't start automatically

# Making the Grade With ADD: A Student's Guide to Succeeding in College With Attention Deficit Disorder

*Stephanie Moulton Sarkis*

## **Making the Grade With ADD: A Student's Guide to Succeeding in College With Attention Deficit Disorder** Stephanie Moulton Sarkis

In college, independence, fun activities, and new friendships abound. But if you have attention deficit disorder (ADD), these new opportunities also present new challenges. To adjust to college life, you'll need to learn to harness your disorder in new ways in order to plan your time effectively, become a successful student, make friends, and take advantage of everything campus life has to offer.

This easy-to-use guide will help you create study habits that work with your ADD in productive and positive ways. You'll learn how to:

- Set up a class schedule with your ADD in mind
- Get along with roommates and establish a comfortable living situation
- Stay focused, take notes, and study when surrounded by distractions
- Get help at your campus health center when you need it
- Make time for socializing and extracurricular activities

Written by a licensed mental health counselor who has ADD herself, this guide will be a valuable resource through your college years and beyond. Visit the author at her web site: [www.stephaniesarkis.com](http://www.stephaniesarkis.com).

 [Download Making the Grade With ADD: A Student's Guide to Su ...pdf](#)

 [Read Online Making the Grade With ADD: A Student's Guide to ...pdf](#)

## **Download and Read Free Online Making the Grade With ADD: A Student's Guide to Succeeding in College With Attention Deficit Disorder Stephanie Moulton Sarkis**

---

### **From reader reviews:**

#### **Marietta Allred:**

Nowadays reading books are more than want or need but also be a life style. This reading behavior give you lot of advantages. The benefits you got of course the knowledge even the information inside the book in which improve your knowledge and information. The knowledge you get based on what kind of publication you read, if you want send more knowledge just go with education and learning books but if you want truly feel happy read one having theme for entertaining like comic or novel. Typically the Making the Grade With ADD: A Student's Guide to Succeeding in College With Attention Deficit Disorder is kind of book which is giving the reader unpredictable experience.

#### **Jeremy Bryant:**

Typically the book Making the Grade With ADD: A Student's Guide to Succeeding in College With Attention Deficit Disorder will bring that you the new experience of reading a book. The author style to spell out the idea is very unique. Should you try to find new book to see, this book very acceptable to you. The book Making the Grade With ADD: A Student's Guide to Succeeding in College With Attention Deficit Disorder is much recommended to you to learn. You can also get the e-book in the official web site, so you can more easily to read the book.

#### **Fernando Gallimore:**

People live in this new morning of lifestyle always try to and must have the time or they will get great deal of stress from both lifestyle and work. So , whenever we ask do people have extra time, we will say absolutely sure. People is human not really a robot. Then we ask again, what kind of activity do you have when the spare time coming to an individual of course your answer may unlimited right. Then ever try this one, reading textbooks. It can be your alternative in spending your spare time, the particular book you have read is actually Making the Grade With ADD: A Student's Guide to Succeeding in College With Attention Deficit Disorder.

#### **Michele Williams:**

A number of people said that they feel weary when they reading a guide. They are directly felt the idea when they get a half portions of the book. You can choose often the book Making the Grade With ADD: A Student's Guide to Succeeding in College With Attention Deficit Disorder to make your current reading is interesting. Your skill of reading talent is developing when you just like reading. Try to choose very simple book to make you enjoy to see it and mingle the idea about book and examining especially. It is to be initial opinion for you to like to open a book and study it. Beside that the publication Making the Grade With ADD: A Student's Guide to Succeeding in College With Attention Deficit Disorder can to be your friend when you're experience alone and confuse with the information must you're doing of that time.

**Download and Read Online Making the Grade With ADD: A Student's Guide to Succeeding in College With Attention Deficit Disorder Stephanie Moulton Sarkis #JZ1EST39YLU**

## **Read Making the Grade With ADD: A Student's Guide to Succeeding in College With Attention Deficit Disorder by Stephanie Moulton Sarkis for online ebook**

Making the Grade With ADD: A Student's Guide to Succeeding in College With Attention Deficit Disorder by Stephanie Moulton Sarkis Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Making the Grade With ADD: A Student's Guide to Succeeding in College With Attention Deficit Disorder by Stephanie Moulton Sarkis books to read online.

### **Online Making the Grade With ADD: A Student's Guide to Succeeding in College With Attention Deficit Disorder by Stephanie Moulton Sarkis ebook PDF download**

**Making the Grade With ADD: A Student's Guide to Succeeding in College With Attention Deficit Disorder by Stephanie Moulton Sarkis Doc**

**Making the Grade With ADD: A Student's Guide to Succeeding in College With Attention Deficit Disorder by Stephanie Moulton Sarkis Mobipocket**

**Making the Grade With ADD: A Student's Guide to Succeeding in College With Attention Deficit Disorder by Stephanie Moulton Sarkis EPub**