



Just in Case: How to be Self-Sufficient when the Unexpected Happens

Kathy Harrison

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If disaster strikes and public services are limited, you want to know that your family will be taken care of. With an eye toward self-sufficiency, Kathy Harrison guides you through preparations and contingency plans that will keep you healthy, safe, and calm in a crisis. Learn how to inventory and rotate your food supply, pack an evacuation kit, maintain communication with loved ones, and much more. You'll soon gain the ingenuity and resourcefulness to get your family through even the most unfortunate circumstances.

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