



Eat Ink: Recipes. Stories. Tattoos.

Birk O'Halloran, Daniel Luke Holton

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Explore the connection between culinary inspiration and one of the world's oldest forms of rebel art!

From James Beard Award winners, *Top Chef* competitors, and Food Network stars to prep cooks, interns, and sous chefs, few other people are more closely associated with tattoos than chefs. Professional kitchens have traditionally been an unseen haven for many of society's misfits, but recently they have been transformed into stages as the world's obsession with great food and great chefs continues to grow. Knuckle tattoos that once excluded a person from many careers have become a badge of honor and the tattoos are now a testament to their commitment to their craft.

Eat Ink goes beyond their Michelin stars and chef's coats to explore what lies beneath: seasoned cooks who love preparing original plates and wear their tattoos proudly as they share the experiences that led them to the kitchen. Inside this cookbook, you'll discover a range of recipes as diverse as the chefs themselves, as well as personal details about the chef's remarkable journeys through the kitchen (and the tattoo parlor). From Lish Steiling's Roasted Parsnip and Kale Salad to Rick Tramonto's Gemelli with Chicken and Spring Herb Sauce to Duff Goldman's Pineapple Hummingbird Cake, each revealing profile offers a never-before-seen peek behind the kitchen door and into the mind of a chef.

Complete with hundreds of full-color photographs and 60 delicious recipes from today's top chefs, *Eat Ink* invites you into their kitchens to sample some of world's best plates.

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