



# **Journey to The Upper Realm: How I Survived the Deaths of My Sons and Learned to Communicate With Them on the Other Side**

*Maria I Pe*

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On June 21, 2011, Maria Pe experienced the unimaginable – the murder of her two teenaged sons, Sean and Kyle, by their own father. In her struggle to survive the overwhelming loss, Maria embarks on a profound spiritual journey to find her sons and continue her relationship with them. Well-educated and trained as an attorney, Maria was skeptical, but she began learning everything she could about the afterlife, and meditating and keeping a journal. Starting with simple meditations, and opening herself to the possibilities of existence beyond the physical body, Maria learns how to connect with Sean and Kyle through her “journeys” to the Upper Realm. With her sons’ help and encouragement, Maria not only survives her tragic experience, but learns how to embrace life on Earth again. By sharing her experiences day by day, Maria shows us that we all have the ability to communicate with loved ones on the other side, and to learn and receive guidance from them. And through her story, Maria shows us that from unbearable pain and loss can come self-discovery, and the strength and courage to continue life’s journey. (The author's profits from book sales will be donated to the Sean & Kyle Imagine Fund. Visit [www.seanandkyleimaginefund.com](http://www.seanandkyleimaginefund.com) for more information about Sean and Kyle, and to learn about the projects that promote their ideals of peace, love, excellence and integrity.)

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