



# **Journey Through Cancer: A Guide to Integrating Complementary and Spiritual Healing with Conventional Treatment**

*Neroli Duffy*

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One in four people will be faced with cancer during their lifetime. No matter what the location or type of tumor, the most effective treatment addresses the whole person. Journey through Cancer provides a road map for healing at all levels--body, mind, and spirit. It shows how to: - Get the best results from medical treatment - Minimize side effects - Evaluate and choose from the vast array of alternative therapies - Integrate traditional and complementary therapies - Work with the mind-body connection to fight cancer and strengthen the immune system - Maximize the effectiveness of prayer and other spiritual healing techniques - Understand the spiritual lessons that illness can teach - Integrate physical, emotional, mental, and spiritual techniques for your own healing journey

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